

## IMPLEMENTATION OF RELIGIOUS VALUES THROUGH DHUHA PRAYER AND TAHFIDZ ALQUR'AN ACTIVITIES IN CHILDREN

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**Abstract:** Religious education aims to increase religious potential and shape children to become human beings who believe in and fear God Almighty and have noble character which includes ethics, character and morals. Religious value in children is a child's ability to understand religion that is obtained from parents, society and the surrounding environment. One of the efforts that can be made to achieve children with religious character is to instill religious values themselves in children through religious activities such as the habit of praying dhuha in congregation and tahfiz Al-Qur'an activities both starting from the school environment. This study aims to instill religious values in children which must be instilled since childhood, so that children get used to behaving well towards other people in their surroundings and have a love for the Al-Qur'an which increases their faith and piety to God Almighty. This research was conducted at the Subsidized Muhammadiyah Elementary School in Galagah Hulu. This study uses a descriptive qualitative research method in which data collection uses observation techniques, interview techniques and documentation techniques. The results of this study indicate that in the habituation of Duha prayer carried out by children in congregation, they find several religious values, namely the value of worship, the value of spirit of jihad, moral values and exemplary values. Strategies in instilling

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*Received February 07, 2022; Revised March 2, 2022; April 22, 2022*

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religious values by motivating and setting an example. One way to instill religious values is to always keep the Duha prayer time. tells the virtues of dhuha prayer, tells the virtues of memorizing the Qur'an in life so as to foster a sense of love in children. In the activities of tahfidz Al-Qur'an the religious values found are children who are used to being disciplined in carrying out activities to memorize surahs while at school, children are disciplined in obeying school rules. The conclusion of this study is that through the habit of praying Dhuha in congregation and tahfidz Al-Qur'an religious values can be fostered which are reflected in good attitudes, behavior and personality in everyday life. Discipline in obeying school rules. The conclusion of this study is that through the habit of praying Dhuha in congregation and tahfidz Al-Qur'an religious values can be fostered which are reflected in good attitudes, behavior and personality in everyday life. Discipline in obeying school rules. The conclusion of this study is that through the habit of praying Dhuha in congregation and tahfidz Al-Qur'an religious values can be fostered which are reflected in good attitudes, behavior and personality in everyday life.

**Keywords:** Religious values, Dhuha Prayer, Tahfidz Al Qur'an, Children

## BACKGROUND

Education is a conscious and planned effort to create a learning atmosphere and learning process so that students actively develop their potential to have religious spiritual strength, self-control, personality, intelligence, noble character, and the skills needed by themselves, society, nation and state. Education is an activity carried out by humans to change mindsets for the better with knowledge and noble morals which are implemented through religious teachings so that they can change human behavior for the better (Febria & Hilmiati, 2020).

Education is a very important component for human life, this is because through education a person will be able to develop his social personality. Each country has its own characteristics in education. Education in Indonesia is an education that adheres to the curriculum. In this case the curriculum is needed in the formation of student character. Character building is carried out through a character education process that is carried out at various levels of education in Indonesia (Veni & Nurul, 2022).

The Dhuha prayer is one of the sunnah prayers which was highly recommended by Rasulullah SAW. Many explanations of the scholars, even the

description of Rasulullah SAW. which mentions the various virtues and privileges of Duha prayer for those who carry it out. One of the virtues of Duha prayer is to meet the needs of the outer dimension, namely the physical and psychological, and the inner dimension, namely the spiritual (Aminudin Student, 2017).

Al-Qur'an as the holy book of Ummah Islam from time to time, was first revealed until now, its authenticity and purity are maintained, even though in history many groups want to destroy it. The importance of Al-Quran education can also be seen from the purpose of learning the Al-Quran and teaching it. The purpose of studying the Koran apart from being a prayer for reading it, there are also many other goals (Ana Quthratun, 2021).

In memorizing the Qur'an there are easy and some are difficult. When memorizing is accompanied by understanding the meaning of reciting the Qur'an, then that has a good impact. The feeling of wanting to be better and improving oneself to be in accordance with the morals of the Qur'an. To keep the tips memorized is to keep readingrepeating the memorization (Muhammad Ramadlon, 2019).

One of the efforts to form religious character in children is the congregational dhuha prayer and tahfidz qur'an activities. This program is a collaboration between the Curriculum Section Head of the Hulu Sungai Utara District Elementary School and the STIQ Amuntai Quranic Family (QuFa) Center. The program was implemented based on a phenomenon that occurs in the community where most parents send their children to superior schools because of their religious program, which at this point what parents need is for their children to be able to recite the Koran and have good morals.

Several previous studies revealed that through Duha prayer activities, there are various kinds of characters that can be developed, including the values of religious character, discipline, honesty, and responsibility (Sa'diyah, Djalil & Dewi, 2020). The results of other studies also reveal that the habit of praying dhuha in

congregation which has been carried out for a long time at MTs Negeri Batu is significantly able to instill disciplinary values in students, namely discipline in obeying rules, discipline in time, discipline in learning and discipline in worship. In addition, Duha prayer activities are also able to improve student manners so as to form better student morals (Darmana et al., 2019). The results of subsequent research also revealed a similar thing, namely that habituation of students to perform Duha prayer was significantly able to develop children's character, especially children aged 5-6 years (Pengestika, 2019). The aim of this research is to examine more deeply the implications of religious values in the dhuha prayer and tahfidz Al-Qur'an activities.

## **THEORETICAL STUDY**

To avoid misunderstandings in understanding the title of this research, the writer feels the need to provide some explanations for the title above as follows:

### **1. Implementation**

Implementation means implementation. So if interpreted implementation is the implementation of a plan, which of course has a purpose. Implementation is an act of a plan that has been prepared carefully and in detail. Implementation is usually carried out after planning is considered perfect (Amin & Ramli, 2019). Implementation is a process of applying ideas, concepts, policies or innovations in practical actions, so as to have an impact, either in the form of knowledge, skills, values and attitudes (E. Mulyasa, 2009: 178).

### **2. Religious Value**

According to Sidi Gazalba quoted by Mahfud Junaedi in his book "The New Paradigm of Islamic Education Philosophy" the essence of value is an idea. What can be captured are goods or actions that contain that value. Values are different from facts. Because it is a concrete value, it cannot be captured by the five senses (Mahfud Junaedi, 2017).

Religious is a form of attitude and behavior that obeys in carrying out the teachings of the religion one adheres to, is tolerant of the implementation of other religious worship, and lives in harmony with adherents of other religions (Subaidi, 2021). Religious values are life values that reflect religious life which consists of three main elements, namely Faith, Worship and Morals, which serve as guidelines for behavior in accordance with the rules of Allah SWT. to achieve prosperity and happiness in life in this world and the hereafter (Asmaun Sahlan, 2017: 69).

### **3. Duha prayer**

Duha prayer is carried out when the sun has risen to about 7 cubits and ends until it is time to enter Dhuhr. The greatest virtue of performing Duha prayer is that Allah SWT's sustenance and mercy will be wide open to us, we will receive rewards, our sins will be forgiven, and we will be protected by Allah SWT (Mailya, 2021). This dhuha prayer has a good impact on children in reminding children of prayer times, being able to imitate prayer movements and memorizing prayer readings from an early age (Yudabangsa, 2020).

### **4. Tahfidz Al-Qur`an**

Tahfidz Al-Qur`an is a process to maintain, maintain and preserve the purity of the Al-Qur`an which was revealed to Rasulullah SAW. outside the head so that there are no changes and falsifications and can keep from forgetting both in whole and in part (Umar, 2017).

### **5. Child**

A child is someone who is born from a marriage between a woman and a man. A child is also the beginning of the birth of a new generation which is the successor to the aspirations of the nation's struggle and human resources for national development (D. Y. Witanto, 2012: 59). Child development has several stages, one of which is the second childhood, namely the age of 6-12 years, which is known as the school period (Ilmi & Erwin, 2018).

## **RESEARCH METHODS**

This research includes descriptive qualitative research. This research was conducted at the Subsidized Muhammadiyah Elementary School in Galagah Hulu for the 2022/2023 academic year. Data in this study were obtained through observation, interviews, and documentation of primary and secondary data sources (Ditha Prasanti, 2018). The primary data in this study were school principals, students, 2 teachers of tahsin, tahfidz and religious amaliyah. One of the teachers is the researcher himself. The secondary data in this study are the tahsin, tahfidz and religious amaliyah programs. The data that has been collected is then analyzed referring to the steps proposed by Miles and Huberman, the data analysis uses data reduction, data presentation and conclusion (Galang Surya, 2016).

## **RESULTS AND DISCUSSION**

This research was conducted at the Subsidized Muhammadiyah Elementary School in Galagah Hulu for the 2022/2023 academic year. The research was conducted for approximately 2 months. This program is carried out 4 times in 1 week. Based on the results of observations at the Subsidized Muhammadiyah Elementary School in Galagah Hulu, researchers found several religious values that were instilled through the habit of praying dhuha and tahfidz Al-Qur'an, including:

### **1. Worship Value**

Tahsin, tahfidz and religious amaliyah teachers at the Subsidized Muhammadiyah Elementary School Galagah Hulu have taught their students to always be obedient in carrying out worship, especially doing sunnah prayers and memorizing short surahs. Therefore, all students are required every day to do Duha prayer before starting learning activities. After that, proceed with studying living hadith which contains the daily manners taught by Rasulullah SAW. then proceed with tahsin (refining reading) according to the science of tajwid. Students who are good at reading are asked to memorize short surahs. Every morning the recitation of the Qur'an is also played through the sprinkler.

### **2. The value of the Spirit of Jihad**

Ruhul jihad is a serious attitude in working and fighting. The value of ruhul jihad is implemented through religious activities such as all students are always enthusiastic and earnest in participating in religious activities such as performing Duha prayers and tahfidz Al-Qur'an every day.

### 3. Moral Value

The moral values instilled in the Subsidized Muhammadiyah Elementary School in Galagah Hulu from the results of observations made by researchers can be reflected in the behavior of students who behave well, polite, orderly and disciplined. This can be seen from the attitude of students when carrying out Duha prayers and tahfidz Al Qur'an. Students, before carrying out the Duha prayer, help the teacher to prepare a place for the Duha prayer. Students when carrying out worship are guided to always be solemn, not to disturb their friends when praying, to be orderly when they want to perform ablution and to listen when tahsin learning takes place.

### 4. Exemplary Value

The exemplary value instilled in the Galagah Hulu Subsidized Muhammadiyah Elementary School is about how students imitate the teacher as a teacher from their attitude, behavior or appearance. Students are always guided by their teacher to set an example in terms of being diligent in carrying out worship activities, being serious in carrying out every religious activity, memorizing the Qur'an, always behaving well and other positive things. And also teach children to have the courage to become a duha prayer faith.

From the results of observations it can be explained that the strategy used in instilling religious values is through the habit of praying dhuha and tahfidz Al-Qur'an, namely through motivation and advice in the form of directions for self-improvement, explaining the virtues of dhuha prayer and memorizing the Al-Qur'an, and the exemplary behavior of the teacher to get used to praying dhuha and memorizing the Qur'an.

## CONCLUSIONS AND RECOMMENDATIONS

Based on the results of the research data that has been presented in the results and discussion, it can be concluded that there are 4 values that can be formed through the Duha prayer and tahfidz Al-Qur'an activities including the value of worship, the value of spirit of jihad, the value of morality and the value of exemplary. These four values are formed through a habituation process that is carried out in a planned and repeated manner to influence someone. And the implication of these four values is that children are used to behaving well towards fellow friends, parents and other people in their surroundings and have a love for the Al-Qur'an which adds to the priesthood and piety to God Almighty. Based on the conclusions of the study, the researcher advises teachers to always strive and enthusiasm to guide, motivate,

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